



A 4 Day Hero is a person or group who gives of their time, talent or treasure. There are many 4Day Heroes in our community, too many to list. Thank you, 4Day Heroes!



STAFF

Ashley Horne, Executive Assistant

Ruth Coles, Creative Director

Sheree Williams, Special Projects

John S., I.T. Professional
 Robin Brown, Case Management
 Suzanne Southerland, Special Advisor
 Leonard Digeno, Special Advisor

Special Assistance:
 Mr. Wayne Keys, Ret. Air Force
 Mr. Duane Keys, Future Air Force

Pray. Donate. Volunteer.

www.4daymovement.org

BOARD MEMBERS

Donald "DJ" Coles, Jr.
 Wes Johnson
 Anne-Marie Wright, CPA
 Dr. Chris Griffin
 Cassandra Sampson
 Wes Waller
 Megan Pate
 Gabriela Gonzalez

ADVISORY TEAM

Suzanne Southerland
 John Szalanski
 Leonard Digeno
 Julie Stone
 Nerissa Ayers
 Anne-Marie Wright
 Ruth Coles
 Corey Coley
 Chris Davis
 Freddie Romero
 Haley McBrayer

Working Together with . . .

Habitat 4 Humanity
 Salvation Army
 American Red Cross
 Great Harvest Bread Company
 Corvias Military Living
 Wells Fargo
 Belks
 Western Sizzlin
 WCDSS
 Partnership for Children
 WCPS & SJAFB
 Laundry Love



Community Enrichment and Empowerment Programs

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www.4daymovement.org

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 Find us on Facebook.

An official 501(c)(3) non-profit



Connecting the needs to the resources
 4 days at a time.




Grassroots Community
 Enrichment & Empowerment

Matthew 25: 35-40

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Goldsboro, North Carolina

Our Story

On June 4th, 2013 at 4:00 a.m., I was awakened out of a deep and restful sleep. I became aware of a word from the Lord. While listening, I began to write what was being downloaded into me. The Lord said to prepare for and not to be afraid to take action in the coming days, to be a light and a "bridge builder". God's instruction is that the timetable would be "4 days". This will involve a divine itinerary. I was also told that there would be breakthroughs, healings, and restoration accomplished within 4 days that could not be accomplished in the previous 4 years. All of this is not by my might, but by our Heavenly Father's hand and power. He is my CEO. I now embark upon this new assignment with prayer and constant closeness to God as my guide. I will do, say, sing, and serve as instructed for the glory and grace of God. (period)

I founded the Four (4) Day Movement because of my desire to motivate a collection of like-minded people who want to help those falling through the cracks of life by *giving a hand up, not a hand out*. Everyone has something to offer -either a particular skill, a connection to someone who can offer a particular resource, or simply good old-fashioned elbow grease. In these moments of compassion, of helping people when they felt nobody else was able to, a connection is made in a real and powerful way.

Because I don't have assumptions or judgments about those in need, people shared genuinely about their immediate needs- but also their less tangible needs. The need for connection, to feel valuable, to feel like someone cares is inextricably linked to the immediate need for help. These are things that would not have surfaced on any application form for services. While I feel like this organization is my life's purpose, I did not set out to create a non-profit. The Four (4) Day Movement is growing organically.

Compassion, respect, and connection are not just values of mine, or of the organization. They ARE the whole point of why we're here.

-Don "DJ" Coles
Founder-CEO / Servant
The Four (4) Day Movement, Inc.
www.4DayMovement.org



Who We Are: #4DayCares

The Four (4) Day Movement, Inc. is on a mission to help people who are struggling by harnessing the power of community to provide for short-term fundamental human needs. We serve people who have fallen on difficult times and need a helping hand to avoid falling through the cracks and facing additional compounding obstacles. Each case is served through a "four day movement" by joining grassroots networks, volunteers and existing resources. The Four (4) Day Movement, Inc. is a non-profit organization that relies on the power of connection and value of service to others. Services provided by the Four (4) Day Movement vary based on needs, but center around facilitating or directly providing short-term assistance through our 4 Pillars of Assistance:

PROJECT A.C.E.

Assisting Crisis & Emergency Needs

- Food & Fuel Assistance
- Short-Mid Term Lodging Assistance-Legacy Houses
- Utilities and Water Bill Assistance
- Rental Assistance
- Medication Assistance
- Emergency Lodging Assistance
- Coordinated Emergency Transportation
- Resource Referral

PROJECT S.A.V.E.

Serving and Assisting Veterans & Elderly

- Short-Mid Term Lodging
- Food & Fuel Assistance
- Education and Employment Opportunities
- Medication Assistance
- Rent Assistance
- Utilities and Water Assistance
- Weatherization Assistance
- Resource Referral

PROJECT C.I.E.A.T.S.

Caring & Loving Every Adolescent & Teen in Sports

- Sports Physical Exam Vouchers
- Sports Uniform/Shoe Vouchers
- Sports Camp Vouchers and/or Financial Assistance
- Transportation Assistance to/from Practice or Game Day events
- Food and Snack Vouchers

PROJECT E4

Enrichment. Empowerment. Education. Employment

- Resource Referral for Employment Opportunity
- Educational Scholarships
- School Event Scholarships
- School Camp Scholarships
- Recreational Outing Opportunities
- Educational Enhancement Opportunities
- Legacy House Inhabitant
- Multi-Purpose Facility for Youth Computer Access, Recreational Access, Safe Place Zone

A referral is made to the Four Day Movement, Inc. when a need, crisis, and/or concern arises. An outside referral may be necessary when an issue presented is beyond the scope of a 4Day Case Care Manager, or our mission.

STEP 1./ An Initial Referral or Contact is made through a 4 Day Access Point.

(4 Day Access Points are, but not limited to: word of mouth, the 4Day phone line, email, or Social Media Outlets (4Day website, Facebook page, etc).

STEP 2./ Client referred to a 4Day Case Care Manager (CCM). The need identified.

STEP 3./ The 4Day CCM assesses the situation and creates a 4Day Assistance Plan which is presented to the 4Day Director & Team to determine the level and type of assistance to be granted and diligent timelines established. Information is entered into the 4Day Database /4Day Blue Sheet.

STEP 4./ An approved 4Day Assistance Plan will be implemented and reassessed.

A faith-focused compassion will be displayed throughout the entire process. We aim to impact the physical, emotional, and spiritual well-being of the client(s) in a positive and empowering manner.

STEP 5./ Follow-up with the client(s) and any referring organizations will be maintained through our 4Day CCM. We will observe the guidelines of confidentiality as well as family privacy (ASCA Ethical Standards/Family Educational Rights & Privacy Act). Our goal for 4Day Follow-up: Day 4, Day 14, Day 44, Month 4, and Day 74.

REFERRAL PROCESS:

